

A watercolor illustration of various flowers and foliage. The background is a light pinkish-yellow. There are several large, vibrant pink flowers, some in full bloom and others as buds. There are also clusters of small, dark purple flowers. The foliage includes green leaves and stems, some of which are painted with a light blue wash. A central text box with a red border contains the phrase "BLOOM WHERE YOU ARE PLANTED" in a blue, serif, all-caps font.

BLOOM WHERE YOU ARE PLANTED

Habit Building Planner Paperback

Jason Soft



Habit Building Planner Paperback:

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monthly habit tracker You need one of these for each month in your planner or journal Users can fill out habits they want to monitor along the top line Drink 6 glasses of water 30 minutes of yoga etc and then they color in a square for each day they kept the habit At the end of the month they can see how successful they were You can also use it to track negative habits color in days where you cussed smoked drank etc College rule also known as medium ruled paper is the most common lined paper in use in the United States It is generally used in middle school through to college and is also popular with adults The horizontal spacing is 9 32 or 7 1mm Trim sizes with a width over 6 include a margin ruled 1 1 4 inches 32 mm from the left hand of the page This is a good choice for teen or adult notebooks and composition books known as exercise books outside the US

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