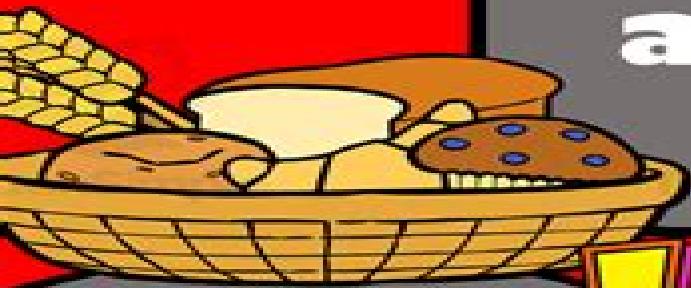


Unit 3



- 6 basics classes of nutrients.
- Nutritional information on food labels.
- Plan meals including ethnic meals.
- Understand physical activities



4th & 5th Grade Nutrition and Physical Activity

Health

Nutrition Facts	
Calories	100
Calories from Fat	50
% Daily Value	
Total Fat	6g
Saturated Fat	4g
Cholesterol	0mg
Sodium	100mg
Total Carbohydrate	20g
Dietary Fiber	5g
Sugars	10g
Protein	2g
Vitamin A	10%
Vitamin C	10%
Calcium	10%
Iron	10%
Other	10%

Directions: Use the following questions to answer the questions on the Nutrition Facts label.

- What are the first three nutrients listed on the label? How many grams are in each of these nutrients?
- What are the first three macronutrients listed on the label? How many grams are in each of these nutrients?
- What are the first three micronutrients listed on the label? How many grams are in each of these nutrients?
- What are the first three vitamins listed on the label? How many grams are in each of these nutrients?
- What are the first three minerals listed on the label? How many grams are in each of these nutrients?

Daily 5 For 4 Th Graders

**Cincinnati (Ohio). Board of
Education,Cincinnati Public Schools**

Daily 5 For 4 Th Graders:

Daily Reading Practice for Fourth Grade (Week 23) Margot Kinberg,2014-01-01 This resource provides a week of practice activities to build fourth grade students reading comprehension and word study skills Students gain regular practice through these quick yet meaningful reading activities Great formative assessment tool Daily Reading Practice for Fourth Grade (Week 12) Margot Kinberg,2014-01-01 This resource provides a week of practice activities to build fourth grade students reading comprehension and word study skills Students gain regular practice through these quick yet meaningful reading activities Great formative assessment tool **Daily Reading Practice for Fifth Grade (Week 4)** Margot Kinberg,2014-01-01 This resource provides a week of practice activities to build fifth grade students reading comprehension and word study skills Students gain regular practice through these quick yet meaningful reading activities Great formative assessment tool **Daily Reading Practice for Third Grade (Week 4)** Christine Dugan,2014-01-01 This resource provides a week of practice activities to build third grade students reading comprehension and word study skills Students gain regular practice through these quick yet meaningful reading activities Great formative assessment tool *Course of Study for Common Schools* Iowa. Department of Public Instruction,1920 **The Daily News Almanac and Political Register for ...**,1925 **Education pamphlets** ,1924 **The Elementary English Review** ,1928 *Parliamentary Papers* Great Britain. Parliament. House of Commons,1909 **London Grain, Seed, and Oil Reporter** ,1920 *Arithmetic* Denver Public Schools,1924 **Engineering and Mining Journal** ,1881 *Latin, Grades Seven, Eight, and Nine* Denver Public Schools,1924 *Annual Report for the Year Ended ...* Sydney (N.S.W.),1903 **Report** Minnesota. Department of Public Instruction,Minnesota. Dept. of Education,1922 *Journal of Education* ,1919 **Biennial Report of the State Superintendent of Public Education to the General Assembly of the State of Louisiana** Louisiana. Department of Education,1908 **Annual Report** Saint Louis (Mo.). Board of Education,1913 *Annual Report* Cincinnati (Ohio). Board of Education,Cincinnati Public Schools,1915 **The Master Printers Annual** ,1931

Whispering the Strategies of Language: An Mental Journey through **Daily 5 For 4 Th Graders**

In a digitally-driven earth wherever displays reign great and instant conversation drowns out the subtleties of language, the profound strategies and psychological subtleties concealed within phrases usually move unheard. However, nestled within the pages of **Daily 5 For 4 Th Graders** a interesting fictional value pulsating with organic thoughts, lies a fantastic quest waiting to be undertaken. Penned by a skilled wordsmith, that marvelous opus invites visitors on an introspective trip, softly unraveling the veiled truths and profound impact resonating within the very fabric of every word. Within the mental depths of this moving evaluation, we will embark upon a honest exploration of the book is core styles, dissect its interesting publishing fashion, and yield to the effective resonance it evokes strong within the recesses of readers hearts.

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