

A photograph of a group of diverse elderly people outdoors. In the center, a woman with dark skin and braided hair is laughing joyfully, her mouth wide open. To her left, a woman with short grey hair is smiling. To her right, a man with white hair is partially visible. In the foreground, the back of a person wearing a bright yellow shirt is visible on the left, and the arm of a person in an orange long-sleeved shirt is visible on the right, reaching towards the group. The background is a soft-focus view of green trees and foliage.

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Longevity Secrets from Cultures Around the World

Community Favorite Longevity Secrets

Scott C. Dulebohn



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