



DIGITAL
DETOX

The image is a digital illustration. In the center is a large smartphone. The screen displays the words "DIGITAL DETOX" in a large, bold, black sans-serif font. Below the text is a large orange circle with a diagonal line through it, a common symbol for "prohibited" or "no". At the bottom of the screen are two green arrows pointing in opposite directions. To the left of the phone, a woman with dark hair tied back in a ponytail, wearing an orange long-sleeved shirt and dark blue pants, stands in a green landscape with small green trees. To the right of the phone, a man with dark hair, wearing a light blue long-sleeved shirt and dark blue pants, stands next to a large green globe. The globe has a network of green lines and three orange location pins attached to it. The background is a light blue with white clouds.

Digital Detox Lifestyle Global Trend

Lingsheng Yao

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